

بسم الله الرحمن الرحيم

## AUTHENTIC SUPPLICATIONS FOR THE MORNING AND EVENING.

[Imaam Ibnul-Qayyim said in 'al-Waabilus-Sayyib': "And these are between the dawn and sunrise, and between `Asr and the sunset".]

(1) Morning & Evening:

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، خَلَقْتَنِي وَأَنَا عَبْدُكَ وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا  
اسْتَطَعْتُ، أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ، أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأَبُوءُ بِذَنْبِي فَاغْفِرْ لِي، إِنَّهُ  
لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ.

(2a) Evening:

أَمْسَيْنَا وَ أَمْسَى الْمُلْكُ لِلَّهِ، وَالْحَمْدُ لِلَّهِ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ، لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ  
وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، رَبِّ أَسْأَلُكَ خَيْرَ مَا فِي هَذِهِ اللَّيْلَةِ وَ خَيْرَ مَا بَعْدَهَا،  
وَ أَعُوذُ بِكَ مِنْ شَرِّ مَا فِي هَذِهِ اللَّيْلَةِ وَ شَرِّ مَا بَعْدَهَا، رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ  
وَسُوءِ الْكِبَرِ، وَ أَعُوذُ بِكَ مِنْ عَذَابٍ فِي النَّارِ وَعَذَابٍ فِي الْقَبْرِ.

(b) Morning:

أَصْبَحْنَا وَأَصْبَحَ الْمُلْكُ لِلَّهِ، وَالْحَمْدُ لِلَّهِ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ، لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ  
الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، رَبِّ أَسْأَلُكَ خَيْرَ مَا فِي هَذَا الْيَوْمِ وَ خَيْرَ مَا بَعْدَهُ، وَ  
أَعُوذُ بِكَ مِنْ شَرِّ مَا فِي هَذَا الْيَوْمِ وَ شَرِّ مَا بَعْدَهُ، رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ وَسُوءِ الْكِبَرِ،  
وَ أَعُوذُ بِكَ مِنْ عَذَابٍ فِي النَّارِ، وَعَذَابٍ فِي الْقَبْرِ.

(3) Morning (3 times):

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ عَدَدَ خَلْقِهِ وَرِضَا نَفْسِهِ وَزِنَةَ عَرْشِهِ وَمِدَادَ كَلِمَاتِهِ

(4) Morning & Evening (100 times):

سَبَّحَانَ اللَّهِ وَبِحَمْدِهِ

(5) Morning & Evening (3 times):

سورة (قُلْ هُوَ اللَّهُ أَحَدٌ)، سورة الفلق، و سورة الناس

(6) (a) Morning:

اللَّهُمَّ بِكَ أَصْبَحْنَا وَ بِكَ أَمْسَيْنَا، وَ بِكَ نَحْيَا وَ بِكَ نَمُوتُ، وَ إِلَيْكَ النُّشُورُ

(b) Evening:

اللَّهُمَّ بِكَ أَمْسَيْنَا وَ بِكَ أَصْبَحْنَا، وَ بِكَ نَحْيَا وَ بِكَ نَمُوتُ وَ إِلَيْكَ الْمَصِيرُ.

(7) Morning & Evening (3 times):

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّهُ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَ هُوَ السَّمِيعُ الْعَلِيمُ

(8) Morning & Evening:

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ، اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي دِينِي  
وَدُنْيَايَ وَأَهْلِي وَمَالِي، اللَّهُمَّ اسْتُرْ عَوْرَاتِي وَآمِنْ رَوْعَاتِي، اللَّهُمَّ احْفَظْنِي مِنْ بَيْنِ يَدَيْ  
وَمِنْ خَلْفِي، وَعَنْ يَمِينِي وَعَنْ شِمَالِي، وَمِنْ فَوْقِي، وَأَعُوذُ بِعَظَمَتِكَ أَنْ أُغْتَالَ مِنْ  
تَحْتِي.

(9a) Morning & Evening (once):

لَا إِلَهَ إِلَّا اللَّهُ، وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

or (b) Morning & Evening (10 times):

لَا إِلَهَ إِلَّا اللَّهُ، وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

or (c) Morning & Evening (100 times):

لَا إِلَهَ إِلَّا اللَّهُ، وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

(10) Morning & Evening:

اللَّهُمَّ فَاطِرَ السَّمَاوَاتِ وَالْأَرْضِ، عَالِمَ الْغَيْبِ وَالشَّهَادَةِ، لَا إِلَهَ إِلَّا أَنْتَ، رَبَّ كُلِّ شَيْءٍ  
وَمَلِيكَهُ، أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي وَمِنْ شَرِّ الشَّيْطَانِ وَشَرِّكَه، وَأَنْ أَقْتَرِفَ عَلَى نَفْسِي  
سُوءًا أَوْ أَجُرَّهُ إِلَى مُسْلِمٍ.

(11) Morning & Evening:

يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيثُ، أَصْلِحْ لِي شَأْنِي كُلَّهُ وَلَا تَكِلْنِي إِلَى نَفْسِي طَرْفَةَ عَيْنٍ

(12a) Morning (3 times):

أَصْبَحْتُ أَثْنِي عَلَيْكَ حَمْدًا وَ أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ.

(b) Evening (3 times):

أَمْسَيْتُ أَثْنِي عَلَيْكَ حَمْدًا وَ أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ.

(13) Morning & Evening:

(آية الكرسي) [ الآية 255 من سورة البقرة ]

(14) Morning:

أَصْبَحْنَا عَلَى فِطْرَةِ الْإِسْلَامِ وَ كَلِمَةِ الْإِخْلَاصِ وَ دِينِ نَبِيِّنَا مُحَمَّدٍ (صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ) وَ مِلَّةِ  
أَبِينَا إِبْرَاهِيمَ حَنِيفًا مُسْلِمًا وَمَا كَانَ مِنَ الْمُشْرِكِينَ.

(15) Morning:

رَضِيتُ بِاللَّهِ رَبًّا، وَ بِالْإِسْلَامِ دِينًا، وَ بِمُحَمَّدٍ نَبِيًّا .

(16) Morning, after Fajr:

اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا، وَ رِزْقًا طَيِّبًا، وَ عَمَلًا مُتَقَبَّلًا.

(17) Evening (3 times):

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ

(18) During the day: (Not restricted to morning & evening) (7 times each):

اللَّهُمَّ أَجِرْنِي مِنَ النَّارِ

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْجَنَّةَ

(1) Reported by al-Bukhaaree (nos. 6306, 6323) from Shaddaad ibn Aws -radiyallaahu `anhu- that the Prophet (صلى الله عليه وسلم) said: << The most superior manner of seeking forgiveness is to say:

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، خَلَقْتَنِي وَأَنَا عَبْدُكَ وَأَنَا عَلَىٰ عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ،  
أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ، أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأَبُوءُ بِذَنْبِي، فَاغْفِرْ لِي، إِنَّهُ لَا يَغْفِرُ  
الذُّنُوبَ إِلَّا أَنْتَ

**“O Allaah! You are my Lord; none has the right to be worshipped but you. You created me and I am your slave, and I am faithful to my covenant and my promise as far as I am able. I seek your refuge from the evil of what I have done. I acknowledge before you all the favours that you have bestowed upon me, and I confess all my sins to you. So forgive me, since none can forgive sins except you.”**

And whoever says it in the daytime, being certain of it, and dies in that day before evening, then he will be from the people of Paradise; and whoever says it in the night, being certain of it, and dies before he enters the morning, then he will be from the people of Paradise.>>

(2) (a) Reported by Muslim (no. 2723) from `Abdullaah ibn Mas`ood -radiyallaahu `anhu- said: When Allaah’s Messenger (صلى الله عليه وسلم) entered the evening he would say:

أَمْسَيْنَا وَ أَمْسَى الْمُلْكُ لِلَّهِ، وَالْحَمْدُ لِلَّهِ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ، لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ  
الْحَمْدُ وَهُوَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ، رَبِّ أَسْأَلُكَ خَيْرَ مَا فِي هَذِهِ اللَّيْلَةِ وَ خَيْرَ مَا بَعْدَهَا، وَ أَعُوذُ  
بِكَ مِنْ شَرِّ مَا فِي هَذِهِ اللَّيْلَةِ وَ شَرِّ مَا بَعْدَهَا، رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ وَسُوءِ الْكِبَرِ، وَ أَعُوذُ  
بِكَ مِنْ عَذَابٍ فِي النَّارِ وَعَذَابٍ فِي الْقَبْرِ.

**“We have entered the evening, and Sovereignty has entered the evening being for Allaah alone, and all praise is for Allaah. None has the right to be worshipped except Allaah, alone, having no partner. Sovereignty is for Him, and all praise is for Him, and He has full power over everything. O Allaah! I ask you for the good that lies in this night and for the good of what comes after it, and I seek your refuge from the evil that lies in this night and from the evil of what comes after it. O my Lord! I seek your refuge from laziness and decrepit old age; and I seek your refuge from punishment in the fire, and from punishment in the grave.**

(b) And when he entered the morning he said :

أَصْبَحْنَا وَ أَصْبَحَ الْمُلْكُ لِلَّهِ، وَالْحَمْدُ لِلَّهِ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ، لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ  
الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، رَبِّ أَسْأَلُكَ خَيْرَ مَا فِي هَذَا الْيَوْمِ وَ خَيْرَ مَا بَعْدَهُ، وَ أَعُوذُ  
بِكَ مِنْ شَرِّ مَا فِي هَذَا الْيَوْمِ وَ شَرِّ مَا بَعْدَهُ، رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ وَسُوءِ الْكِبَرِ،  
وَ أَعُوذُ بِكَ مِنْ عَذَابٍ فِي النَّارِ وَعَذَابٍ فِي الْقَبْرِ.

**“We have entered the morning and Sovereignty has entered the morning being for Allaah alone, and all praise is to Allaah. None has the right to be worshipped but Allaah alone, having no partner. Sovereignty is for Him and all praise is for Him, and He has full power over everything. O Allaah! I ask You for the good that lies in this day and for the good of what comes after it, and I seek refuge in You from the evil that lies in this day and from the evil that comes after it. O my Lord, I seek refuge in You from laziness and decrepit old age, and I seek your refuge from the punishment of the fire, and from the punishment in the grave”**

(3) Reported by Muslim (no. 2726) from Ibn `Abbaas: from Juwayriyah -radiyallaahu `anhum- that the Prophet (صلى الله عليه وسلم) departed from her in the early morning, when he prayed the Dawn Prayer, and she was at her place of Prayer. Then he returned in the forenoon and she was still sitting. So he said:

<< Have you continued upon the state which I left you upon? >> She said: ‘Yes’. The Prophet (صلى الله عليه وسلم) said: << After leaving you I said four words, three times over; if they were weighed against whatever you have said today they would outweigh that:

سُبْحَانَ اللَّهِ وَ بِحَمْدِهِ عَدَدَ خَلْقِهِ وَ رِضَا نَفْسِهِ وَ زِينَةَ عَرْشِهِ وَمِدَادَ كَلِمَاتِهِ

**‘I declare Allaah free of all imperfections, and all praise is for Him- as much as the number of His creation, and as He himself is pleased with and as much as the weight of His Throne, and as plentiful as His words.’**

(4) Reported by Muslim (no. 2692) from Aboo Hurairah -radiyallaahu `anhu- who said: Allaah’s Messenger (صلى الله عليه وسلم) said: <<Whoever said:

سُبْحَانَ اللَّهِ وَ بِحَمْدِهِ

**“I declare Allaah free of all imperfections, and all praise is for Him”**

when he entered the morning , and when he entered the evening one hundred times, then no one will come on the Day of Resurrection with something better than what he comes with, except for one who said the like of what he said, or who added something upon it. >>

(5) Aboo Daawood reported (no. 5082) from `Abdullaah ibn Khubayb -radiyallaahu `anhu- who said: “We went out on a rainy and very dark night, seeking out Allaah’s Messenger (صلى الله عليه وسلم) so that he could lead us in Prayer. So we found him, so he said: << Have you prayed? >> So I did not say anything, so he said: << Say! >> So I did not say anything, so he said: << Say! >>. So I did not say anything, so he said: << Say! >> I said: O Messenger of Allaah, what shall I say? He said: << ‘*Qul Huwallaahu Ahad*’, and the two Soorahs of seeking refuge, three times, when you enter the evening and when you enter the morning: that will suffice you for everything. >>.”

\*Declared ‘Hasan’ by Shaikh al-Albaanee.

(6) (a) Reported by Al-Bukhaaree in ‘al-Adabul-Mufrad’ (no. 1199): from Aboo Hurairah - radiyallaahu `anhu-who said: “When the Prophet (صلى الله عليه وسلم) entered the morning he would say:

اللَّهُمَّ بِكَ أَصْبَحْنَا وَ بِكَ أَمْسَيْنَا، وَ بِكَ نَحْيَا وَ بِكَ نَمُوتُ وَ إِلَيْكَ النُّشُورُ.

**“O Allaah! With Your aid we enter the morning and with Your aid we enter the evening. You cause us to live and You cause us to die, and to You is the Resurrection.”**

(b) And when he (صلى الله عليه وسلم) entered the evening he would say:

اللَّهُمَّ بِكَ أَمْسَيْنَا وَ بِكَ أَصْبَحْنَا، وَ بِكَ نَحْيَا وَ بِكَ نَمُوتُ وَ إِلَيْكَ الْمَصِيرُ.

**“O Allaah! With Your aid we enter the evening and with Your aid we enter the morning. You cause us to live and You cause to die, and to You is the final return.”**

\*Declared ‘Saheeh’ by Shaikh al-Albaanee.

(7) Reported by Aboo Daawood (no. 5088) from `Uthmaan ibn `Affaan -radiyallaahu `anhu- who said: I heard Allah’s Messenger (صلى الله عليه وسلم) say: <<Whoever says:

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَ هُوَ السَّمِيعُ الْعَلِيمُ.

**“With the name of Allah, He Whose name is such that when it is mentioned nothing in the earth or the heavens can cause harm, and He is the All-Hearing, the All-Knowing”**

three times, will not be stuck by sudden calamity until morning; and whoever says it three times in the morning will not be struck by sudden calamity until the evening>>.

\* Declared ‘Saheeh’ by Shaikh al-Albaanee.

(8) Reported by Aboo Daawood (no. 5074) from Ibn `Umar -radiyallaahu `anhumaa- who said: “Allaah’s Messenger (صلى الله عليه وسلم) had not used to leave off these supplications whenever he entered the evening and whenever he entered the morning:

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ، اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي دِينِي وَدُنْيَايَ وَأَهْلِي وَمَالِي، اللَّهُمَّ اسْتُرْ عَوْرَاتِي وَآمِنْ رَوْعَاتِي، اللَّهُمَّ احْفَظْنِي مِنْ بَيْنِ يَدَيْ وَمِنْ خَلْفِي، وَ عَنْ يَمِينِي وَ عَنْ شِمَالِي، وَ مِنْ فَوْقِي، وَ أَعُوذُ بِعَظَمَتِكَ أَنْ أُغْتَالَ مِنْ تَحْتِي.

**“O Allaah! I ask you for well-being and security in this world and in the Hereafter. O Allaah! I ask You for pardon and for security in my Religion, my worldly life, my family and my wealth. O Allaah! Conceal my faults and keep me safe from that which I fear. O Allaah! Guard me from in front of me and from behind me, and from my right and from my left, and from above me, and I seek refuge in Your greatness from being unexpectedly destroyed from beneath me.”**

\* Declared ‘Saheeh’ by Shaikh al-Albaanee.

(9) (a) Reported by Aboo Daawood (no. 5077) from Aboo `Ayyaash -radiyallaahu `anhu- that Allaah’s Messenger (صلى الله عليه وسلم) said: << Whoever says in the morning:

لَا إِلَهَ إِلَّا اللَّهُ، وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ.

**“None has the right to be worshipped except Allah, alone, having no partner. Sovereignty is His, and all praise is for Him, and He has full power over everything.”**

then it will be for him like the freeing of a slave from the descendants of Ismaa’eel, and ten good deeds will be written for him, and ten evil deeds will be erased for him, and he will be raised by ten levels, and he will be protected from Satan until the evening; and if he says it in the evening then there will be the like of that for him until the morning.>>

\* Declared ‘Saheeh’ by Shaikh al-Albaanee.

(b) Reported by an-Nasaa’ee in ‘`Amalul-Yawm wal-Laylah’ (no. 24) from Aboo Ayyoob -radiyallaahu `anhu- that he said, whilst he was in the land of the Byzantines, that Allaah’s Messenger (صلى الله عليه وسلم) said: <<Whoever said in the morning:

لَا إِلَهَ إِلَّا اللَّهُ، وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ.



**“None has the right to be worshipped except Allaah, alone, having no partner. Sovereignty is His, and all praise is for Him, and He has full power over everything.”**

ten times-ten good deeds are written for him, and ten evil deeds are erased for him, and it will be for him like freeing ten slaves, and Allaah will protect him from Satan; and whoever says it in the evening, then there will be the like of it for him>>.

\*Declared ‘Saheeh’ by Shaikh al-Albaanee [‘Saheehut-Targheeb’ (no. 660)].

(c) Reported by an-Nasaa-ee in ‘Amalul-Yawm wal-Laylah’ (no. 580) from `Abdullaah ibn `Amr -radiyallaahu `anhumaa- from the Prophet (صلى الله عليه وسلم) that he said: << Whoever says:

لَا إِلَهَ إِلَّا اللَّهُ، وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ.

**“None has the right to be worshipped except Allah, alone, having no partner. Sovereignty is His, and all praise is for Him, and He has full power over everything.”**

one hundred times when he enters the morning and a hundred times when he enters the evening, then no one will come with anything more excellent than him except for one who says something more excellent. >>

\*Shaikh al-Albaanee said in ‘as-Saheehah’ (no. 2762): “Its chain of narration is ‘Hasan’. >>

(10) Reported by at-Tirmidhee (no. 3529) from `Abdullah ibn `Amr -radiyallaahu `anhumaa- that Aboo Bakr as-Siddeeq said to Allaah’s Messenger (صلى الله عليه وسلم): O Messenger of Allaah! Teach me what I can say when I enter the morning and when I enter the evening. “So he said: << O Aboo Bakr! Say:

اللَّهُمَّ فَاطِرَ السَّمَاوَاتِ وَالْأَرْضِ، عَالِمَ الْغَيْبِ وَالشَّهَادَةِ، لَا إِلَهَ إِلَّا أَنْتَ، رَبَّ كُلِّ شَيْءٍ وَمَلِكَهُ، أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي وَمِنْ شَرِّ الشَّيْطَانِ وَشَرِّكَهِ، وَأَنْ أَقْتَرِفَ عَلَى نَفْسِي سُوءًا أَوْ أَجُرَّهُ إِلَى مُسْلِمٍ

**“O Allaah! Creator and Originator of the heavens and the earth! Knower of the hidden and the apparent! None has the right to be worshipped but you. The Lord and Omnipotent Sovereign of everything! I seek Your refuge from the evil of myself, and from the evil of Satan and from the Shirk he calls to; and from committing evil against my soul, or bringing it upon a Muslim.”**

\*Declared ‘Saheeh’ by Shaikh al-Albaanee in ‘as-Saheehah’ (no. 2763).

(11) Reported by an-Nasaa-ee in ‘Amalul-Yawm wal-Laylah’ (no. 575) from Anas ibn Maalik -radiyallaahu `anhu- who said: The Prophet (صلى الله عليه وسلم) said to Faaṭimah: << What could prevent you from listening to what I counsel you with, or that you say when you enter the morning and when you enter the evening:

يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيْثُ، أَصْلِحْ لِيْ شَأْنِيْ كُلَّهُ وَ لَا تَكِلْنِيْ إِلَى نَفْسِيْ طَرْفَةَ عَيْنٍ

**“O Ever-Living One! O Self-Subsisting Sustainer of everything! By Your mercy I beseech: rectify for me all of my affairs, and do not entrust me to my own self for the blink of an eye.”**

\*Declared ‘Hasan’ by Shaikh al-Albaanee [‘Saḥeeḥut-Targheeb’ (no. 661)].

(12 (a & b) Reported by an-Nasaa-ee in ‘Amalul-Yawm wal-Laylah’ (no. 576) from Aboo Hurairah -radiyallaahu `anhu- who said: Allaah’s Messenger (صلى الله عليه وسلم) said: << When one of you enters the morning then let him say:... three times and when he enters the evening then let him say the like of that. >>

أَصْبَحْتُ أُثْنِيْ عَلَيْكَ حَمْدًا وَ أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللهُ (morning)

أَمْسَيْتُ أُثْنِيْ عَلَيْكَ حَمْدًا وَ أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللهُ (evening)

**I have entered the morning/(evening) praising You, and I bear witness that none has the right to be worshipped but You.**

\*Declared ‘Hasan’ by Shaikh Muqbil in ‘al-Jaami’us-Saḥeeḥ’ (2/532).

(13) Reported by an-Nasaa-ee in ‘Amalul-Yawm wal-Laylah’ (no. 967) from Ubayy ibn Ka`b -radiyallaahu `anhu- that he had a drying place for dates, and he found that they began disappearing, so he guarded it one night and found a creature resembling a boy at the age of puberty. So he gave him the greeting of *Salaam* and he replied with the greeting of *Salaam*. So he said: “Who are you: a jinn or a human?” He said: “No, rather I am a Jinn.” He said: “Give me your hand” and he found that it was the paw of a dog and the hair of a dog. He said: “Is this the physique of the Jinn?” He said: “The Jinn know that there is not amongst them a male stronger than me.” He said: “What have you been doing?” He said: “I was informed that you are a man who loves to give in charity, so we wished to take a share from your food.” He said: “What will safeguard us from you?” He said: “This Aayah which is in Sooratul-Baqarah:

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ لَهُ مَا فِي السَّمَوَاتِ وَمَا فِي الْأَرْضِ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَوَاتِ وَالْأَرْضَ وَلَا يَئُودُهُ حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ

**[[ Meaning: Allaah! None has the right to be worshipped except Him; the Ever-Living, the Self-subsisting Sustainer of all that exists. Neither drowsiness nor sleep overtakes Him. To Him belongs whatever is in the heavens and whatever is in the earth. None can intercede with Him except with His permission. He knows whatever lies before them and whatever is behind them, and they cannot encompass anything of His Knowledge except that which He wills. His Footstool extends over the heavens and the earth, and preserving them does not weary Him; and He is the Exalted One, the Tremendous One.]]**

If you say it when you enter the morning you will be safeguarded from us until you enter the evening and if you say it when you enter the evening you will be safeguarded from us until you enter the morning.” So in the morning he went to the Prophet and informed him of his news. He said: << The foul one has spoken the truth>>.”

\*Declared ‘Saheeh’ by Shaiikh al-Albaanee [Saheehut-Targheeb’ (no. 662)].

(14) Reported by an-Nasaa-ee in ‘Amalul-Yawm wal-Laylah’ (no. 1, 2&3) and Ibnus-Sunnee (no. 34) from `Abdur-Rahmaan ibn Abzaa -radiyallaahu `anhu- who said: “Allaah’s Messenger (صلى الله عليه وسلم) used to say when he entered the morning:

أَصْبَحْنَا عَلَى فِطْرَةِ الْإِسْلَامِ وَكَلِمَةِ الْإِخْلَاصِ وَدِينِ نَبِيِّنَا مُحَمَّدٍ (صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ) وَمِلَّةِ أَبِينَا إِبْرَاهِيمَ حَنِيفًا مُّسْلِمًا وَمَا كَانَ مِنَ الْمُشْرِكِينَ.

**“We have entered the morning upon the true Religion of Islam, and upon the testification of purity of worship, and upon the Religion of our Prophet Muhammad (صلى الله عليه وسلم), and upon the way of our forefather Ibraaheem-who was upon the true Religion of worshipping Allaah alone, and he was not from those who associate others with Allaah”**

(15) Reported by at-Tabaraanee (20/355/no. 838) from al-Munaydhir -radiyallaahu `anhu- who said: “I heard Allaah’s Messenger (صلى الله عليه وسلم) say: <<Whoever says when he enters the morning:

رَضِيتُ بِاللَّهِ رَبًّا، وَبِالْإِسْلَامِ دِينًا، وَبِمُحَمَّدٍ نَبِيًّا.

**“I am pleased and satisfied with Allah as my Lord, with Islaam as my Religion, and with Muḥammad as my Prophet.”**

Then I guarantee that I will take hold of his hand until I enter him into Paradise>>.

\*Declared ‘Ḥasan Liḡhairihi’ by Shaiḡh al-Albaanee in ‘Ṣaḡeeḡut-Targḡeeb’ (no. 667) & ‘aṣ-Ṣaḡeeḡah’ (no. 2686)

(16) Reported by Ibn Maajah (no. 925) from Umm Salamah -radiyallaahu `anhaa- that the Prophet (صلى الله عليه وسلم) used to say, when he had prayed the Dawn Prayer, when he had given Salutation:

اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا، وَرِزْقًا طَيِّبًا، وَعَمَلًا مُتَقَبَّلًا.

**“O Allaah! I ask you for beneficial knowledge, for good and pure provision, and for deeds which are accepted (by You).”**

(17) Reported by at-Tirmidḡee (no. 3604/1) from Aboo Hurairah -radiyallaahu `anhu- from the Prophet (صلى الله عليه وسلم) that he said: << Whoever says three times when he enters the evening:

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ

**“I seek refuge in the perfect and complete Words of Allaah from the evil of whatever He has created ”**

will not be harmed by poisonous stings that night.>>

(18) Reported by Aboo Ya`laa (4/1472-1473) from Aboo Hurairah -radiyallaahu `anhu- who said: Allaah’s Messenger (صلى الله عليه وسلم) said: << No servant seeks protection from the Fire seven times in a day except that the Fire says: ‘O my Lord! Your servant so and so has sought your protection from me, so grant him protection; and no servant asks Allaah for Paradise seven times in a day except that Paradise says: ‘O my Lord! Your servant so and so has asked for me, so enter him into Paradise’>>.

**“O Allaah! Protect me from the Fire!”**

اللَّهُمَّ أَجِرْنِي مِنَ النَّارِ

**“O Allaah! I ask You for Paradise”**

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْجَنَّةَ

\*Declared ‘Ṣaḡeeḡ’ by Shaiḡh al-Albaanee in ‘aṣ-Ṣaḡeeḡah’ (no. 2506); and see: ‘Tuhfatul-Aḡwadḡee’ ( 7/288).

